Peda

http://www.swaminarayan.nu/

Ingredients:

3 cups Milk Powder
2 cups Heavy whipping cream
1 cup sugar
¹/₄ cup cardamom powder

Method:

- Mix milk powder, heavy cream and sugar in mixing bowl.
- Place in the microwave for following intervals and stir the mixture after each interval.
 2 min → 2 min → 1min → 1min → 1min → 1min → 1min
- If you don't have microwave, you can make this on gas stove with same ingredients.
- Check the consistency or place in the microwave if it does not form the balls. Time varies as per your microwave power.
- Once the consistency is OK then add cardamom powder.